A number of publications are available to help you choose a good commuter or recreational route, & to ride comfortably & safely. All of the below are free (call 503.823.CYCL, press 2) through City of Portland Transportation unless indicated otherwise.

Portland Neighborhood Bike Maps
North, NE, SE, SW & NW areas

Portland By Bicycle
City of Portland Bike Commuter Map
A Guide to Your Ride
Tips, techniques & street smarts to help make for a safer ride.

Bikes on TriMet
A how-to for bringing your bike on the bus or MAX.

Metro's Bike There!
Regional commuter and recreational map.

More Cycling Resources
For more bicycling information for the Portland area & throughout Oregon, go to:
www.GettingAroundPortland.org

Bicycling Basics

**Ride predictably**
Following the rules of the road makes life easier & safer for all. Obey traffic signs & signals. Don’t weave in & out between parked cars.

**Scan the road behind**
Learn to look back over your shoulder without swerving. Some riders like to use rear-view mirrors. Don’t move left or right without checking to make sure it’s clear.

**Choose the best way to turn left**
There are two ways to make a left turn: like an auto: signal, move to the left lane, & turn left; or like a pedestrian: ride to the far side crosswalk, turn & walk your bike across.

**Stay out of the driver’s blind spot**
When overtaking a motorist in a bike lane, use caution. Make sure you avoid riding in the driver’s “blind spot” at locations where the driver could turn right.

**Yield to pedestrians**
Pedestrians have the right-of-way on all sidewalks, crosswalks, & multi-use paths. Slow down and enjoy the scenery!

**Watch for road hazards**
Be alert for parallel-slat sewer grates, slippery metal utility covers, gravel, potholes, wet leaves & ice. Cross railroad tracks carefully & at right angles.

**Be a well-equipped cyclist**
There are a number of bike add-ons (such as lights, fenders, bells, racks & bike bags or baskets) that can make for safer & more comfortable cycling. Lights are required by law at night or when visibility is poor.

**Lock it right!**
At a minimum you should put your lock through your frame & front wheel. Lock your bike to a secure, fixed object. U-locks are generally more secure than cable locks.

Want more safe cycling info? Call 503.823.CYCL (press 2) & order A Guide to Your Ride

For more info about bicycling in Milwaukie, visit:
http://www.milwaukeoregon.gov/planning/bicycling-milwaukie
Note: Traffic conditions vary by time of day and day of the week. Traffic is usually heaviest weekdays in the early morning (7–9 am) and late afternoon (4–6 pm).