

Adopt-A-Road Safety Guide

Working along the roadway can be dangerous! You cannot depend on drivers to drive at the posted speed or be alert to your presence. And Mother Nature can take her toll, too. It is very important that you take the safety precautions required by your permit and that you observe the rules and tips outlined here.

The Unbreakable Rules - No kidding

- □ All required traffic signs and devices must be in place before the work begins.
- No headsets/headphones or anything else which might affect your hearing.
- □ Work only during the daylight hours.
- Adequate adult supervision is required for participants between the ages 5 and 18 is required in the following ratio:

Child by age	Adult-to-child ratio
5-6	1 adult per 4 minors
7-8	1 adult per 6 minors
9-10	1 adult per 8 minors
11-12	1 adult per 10 minors
12-18	1 adult per 15 minors

- □ Don't do anything to deliberately distract drivers.
- Don't pick up heavy, bulky, jagged or hazardous objects. Don't pick up syringes or hypodermic needles. If you find any, notify your team leader and the leader will place a flag in that location for city staff to pick up later.
- □ No goofing around!
- Never reach hands into places you cannot see (dark, bushes you can't see well etc.)



Before You Start - Make sure you...

- □ Review safety rules.
- □ Appoint team leaders.
- □ Collect the required parental consent for participants under 18.
- □ Ensure that the proper adult-to-child ratio is met.
- □ Have all adult participants sign the release form.
- Distribute safety vests and trash bags.
- □ Assemble a first aid kit.
- □ Review emergency procedures.

Tips from the Pros

- □ Our crews work in the roadways every day. Here are some of their tips:
 - □ Work on one side of the road at a time.
 - Avoid crossing the road as much as possible.
 - □ Whenever possible, face oncoming traffic.
 - Be alert! Be prepared to move quickly in an emergency.
 - Stay away from construction sites, construction equipment, bridges, culverts, and retaining walls which might be dangerous for pedestrians.
 - □ Know what poison oak looks like and avoid it.
 - Don't overdo it. Bring along adequate water and take frequent short breaks.
 - \Box Look out for one another.



Who Should Participate? You must be...

- □ In good health, including eyesight and hearing.
- □ Mentally alert.

What Should You Wear? Everyone needs...

- □ Safety vest provided by the City of Milwaukie.
- □ Work gloves and/or latex gloves.
- □ Sturdy shoes or boots with good traction.
- □ Light or bright colored clothing that is appropriate for the weather.

COVID-19 Best Practices. Everyone should...

- □ Stay home if not feeling well or experiencing symptoms of COVID-19.
- Work with members of your household only, in groups no larger than 6people.
- Maintain at least 6-ft of distance between people outside of your household.
- Comply with the statewide mask, face covering, face shield guidance. All attendees must wear masks or face coverings that fit completely over the nose and mouth, when 6-ft social distance cannot be maintained between people outside of your household.
- Practice good hygiene, be sure to either frequently wash your hands or use hand sanitizer with at least 60% alcohol.

Above all, remember... Safety First!