Bicycling Basics

Ride predictably



Following the rules of the road makes life easier & safer for all. Obey traffic signs & signals. Don't weave in & out between parked cars.

Scan the road behind



Learn to look back over your shoulder without swerving. Some riders like to use rear-view mirrors. Don't move left or right without checking to make sure it's clear.

Choose the best way to turn left



There are two ways to make a left turn: 1 like an auto: signal, move to the left lane, & turn left; or 2 like a pedestrian: ride to the far side crosswalk, turn & walk your bike across.

Stay out of the driver's blind spot



When overtaking a motorist in a bike lane, use caution. Make sure you avoid riding in the driver's "blind spot" at locations where the driver could turn right.



Yield to pedestrians



Watch for road hazards



Be alert for parallel-slat sewer grates, slippery metal utility covers, gravel, potholes, wet leaves & ice. Cross railroad tracks carefully & at right angles.

Be a well-equipped cyclist



Lock it right!



At a minimum you should put your lock through your frame & front wheel. Lock your bike to a secure, fixed object. U-locks are generally more secure than cable locks.

Want more safe cycling info? Call 503.823.CYCL (press 2) & order **A Guide to Your Ride**

More Cycling Resources

A number of publications are available to help you choose a good commuter or recreational route, & to ride comfortably & safely. All of the below are free (call **503.823.CYCL**, press 2) through City of Portland Transportation unless indicated otherwise.

- Portland Neighborhood Bike Maps North, NE, SE, SW & NW areas
- A Guide to Your Ride Tips, techniques & street smarts to help make for a safer ride.
- Portland By Bicycle
 City of Portland Bike Commuter Map
- Bikes on TriMet A how-to for bringing your bike on the bus or MAX.
- Clackamas County Bike Map \$6 - call 503.742.4500 for ordering info.
- Metro's Bike There! Regional commuter and recreational map. \$9 - www.oregonmetro.gov/bikethere.

For more bicycling information for the Portland area & throughout Oregon, go to: www.GettingAroundPortland.org

For more info about bicycling in Milwaukie, visit: www.ci.milwaukie.or.us/milwaukie/transportation/bicyclistinfo.html







