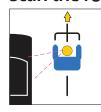
Bicycling Basics

Ride predictably



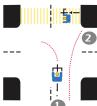
Following the rules of the road makes life easier & safer for all. Obey traffic signs & signals. Don't weave in & out between parked cars.

Scan the road behind



Learn to look back over your shoulder without swerving. Some riders like to use rear-view mirrors. Don't move left or right without checking to make sure it's clear.

Choose the best way to turn left



There are two ways to make a left turn: 1 like an auto: signal, move to the left lane, & turn left; or 2 like a pedestrian: ride to the far side crosswalk, turn & walk your bike across.

Stay out of the driver's blind spot



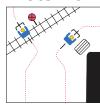
When overtaking a motorist in a bike lane, use caution. Make sure you avoid riding in the driver's "blind spot" at locations where the driver could turn right.

Yield to pedestrians



Pedestrians have the right-ofway on all sidewalks, crosswalks, & multi-use paths. Slow down and enjoy the scenery!

Watch for road hazards



Be alert for parallel-slat sewer grates, slippery metal utility covers, gravel, potholes, wet leaves & ice. Cross railroad tracks carefully & at right angles.

Be a well-equipped cyclist



There are a number of bike add-ons (such as lights, fenders, bells, racks & bike bags or baskets) that can make for safer & more comfortable cycling. Lights are required by law at night or when visibility is poor.

Lock it right!



At a minimum you should put your lock through your frame & front wheel. Lock your bike to a secure, fixed object. **U-locks** are generally more secure than cable locks.

Want more safe cycling info? Call 503.823.CYCL (press 2) & order **A Guide to Your Ride**

More Cycling Resources

A number of publications are available to help you choose a good commuter or recreational route, & to ride comfortably & safely. All of the below are free (call **503.823.CYCL**, press 2) through City of Portland Transportation unless indicated otherwise.

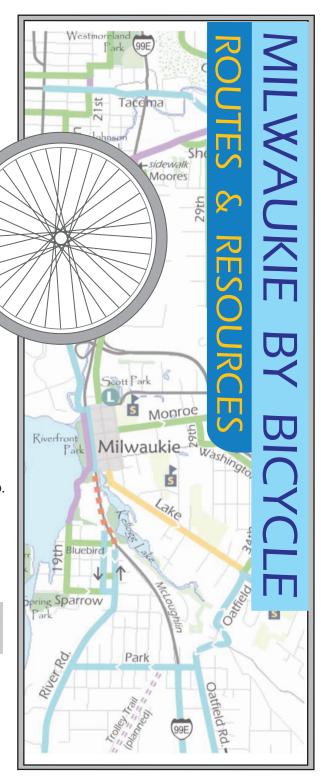
- Portland Neighborhood Bike Maps North, NE, SE, SW & NW areas
- A Guide to Your Ride
 Tips, techniques & street smarts to help make for a safer ride.
- Portland By Bicycle
 City of Portland Bike Commuter Map
- Bikes on TriMet
 A how-to for bringing your bike on the bus or MAX.
- Clackamas County Bike Map \$6 call 503.742.4500 for ordering info.
- Metro's Bike There!
 Regional commuter and recreational map.
 \$9 www.oregonmetro.gov/bikethere.

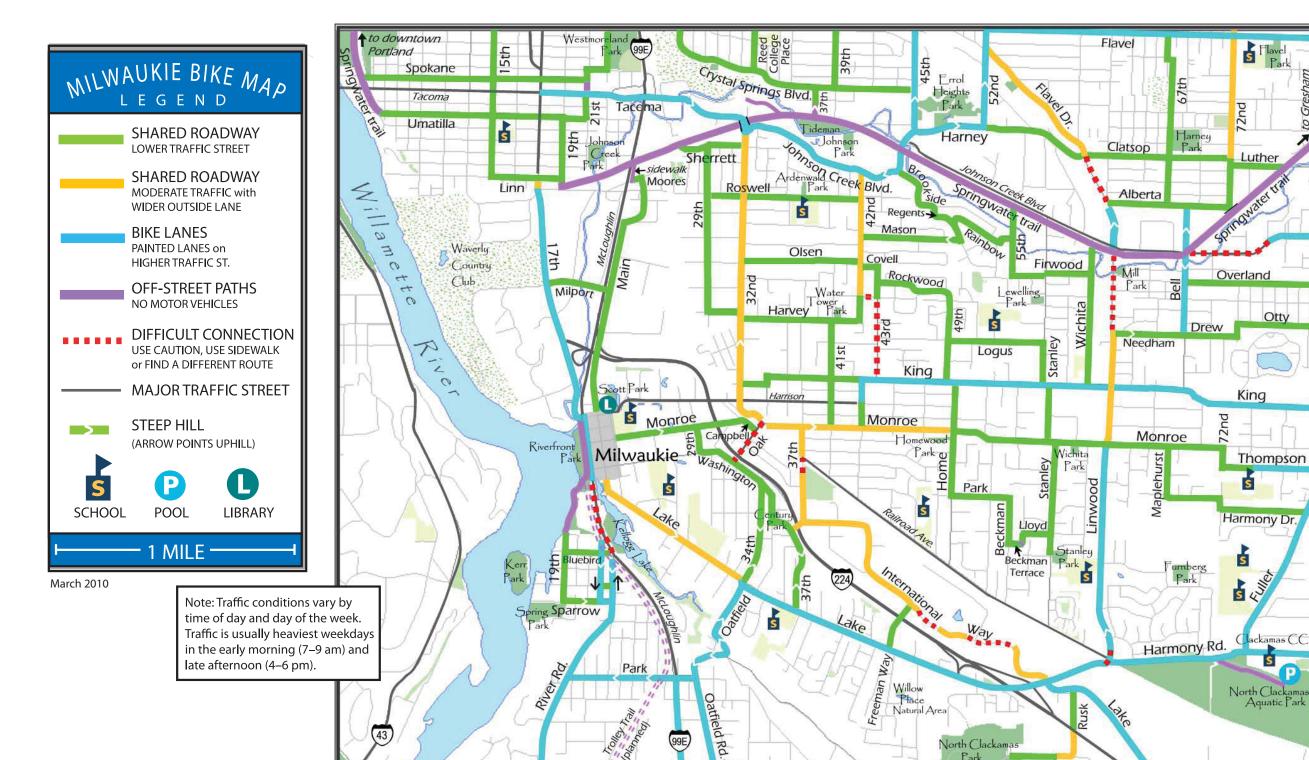
For more bicycling information for the Portland area & throughout Oregon, go to: www.GettingAroundPortland.org

For more info about bicycling in Milwaukie, visit: http://www.milwaukieoregon.gov/planning/bicycling-milwaukie









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North Clackama Park